

# Kade McAdams

4334 Dawn Lynn Dr.  
College Station, Texas 77845

940-256-1849  
kademcadams@tamu.edu

## EDUCATION

**Texas A&M University**, College Station, Texas  
Bachelor of Business Administration in Business Honors

May 2024  
GPR 4.0

## FUTURE EDUCATION

**Texas Tech University Health Sciences Center**, Lubbock, Texas  
Doctor of Medicine (M.D.)

May 2028

## SERVICE EXPERIENCE

**MyMDbcs, Dr. John Davidhizar**, Bryan, Texas  
*Family Medicine Clinical Assistant*

April 2021 – Present

- Provide care and testing for a panel of 400+ patients during periods of time like flu season and the COVID pandemic
- Assist direct primary care physician during appointments by collecting vitals, obtaining testing samples (nasal swabs, blood draw, etc.), and aiding in procedures
- Process lab samples that are able to be determined in-house, or package samples to be sent out
- Prepare room for each appointment depending on type (physical check-up, procedure, testing, etc.)
- Update charts and records as new patient information is provided and visits occur
- Manage communication channels between patients and physician in order to ensure all questions are being answered
- Schedule appointments, collect payments, maintain office financial records
- Perform monthly payroll duties for employees, as well as prepare monthly service invoices for a hospital that contracts with the physician

## SERVICE & COMMUNITY ENGAGEMENT

**Maroon Coats**, Texas A&M University  
*Member*

February 2023 – Present

- Serve as a student ambassador for the Texas A&M Foundation through engagement with donors and friends, upholding the honor and reputation of the University with each interaction and helping to exemplify the Foundation's mission statement of, "to build a brighter future for Texas A&M University, one relationship at a time"
- Aim to enhance the Texas A&M Foundation's impact through ambassadorship and selfless service to help build a culture of philanthropy at Texas A&M
- Work several events throughout each semester that allow donors to see the appreciation that the University holds for their gifts and generosity
- Provide tours for donors, friends of the Foundation, and prospective students who are considering attending Texas A&M, while sharing both facts about Texas A&M, as well as personal insight from the perspective of a current student
- Attend and help with special events such as the Texas A&M President's Endowed Scholarship Program ceremony, where students of impressive academic prestige are honored and inducted, and share personal experiences with students and parents helping to calm nerves at one of their early campus experiences
- Provide a minimum of 20 hours of service to the Foundation, University, donors and students per semester

**Mays Business Fellows Program**, Texas A&M University  
*Service Coordinator and Facilitator*, August 2023 – Present

November 2022 – Present

- Organize service events throughout the school year, predominantly overseeing the organization's involvement in a mentorship program with a local high school's PAL program
- Oversee a team of 6 current Fellows as they work through a case during the semester, specifically focusing on their personal and professional development
- Provide logistical assistance during Wednesday night classes when required, such as setting up for class, greeting guests, etc.
- Read 10 applications consisting of an essay, activity log, and resume, conducted 8 one-hour long interviews, and attended two selections meetings where a total of 125 applications and 54 interviews were discussed, in order to select the new class of 40 Fellows
- Attend and help facilitate 3 developmental events for the Fellows outside of class hours
- Helped to facilitate 1 developmental event for the Regents' Ambassador Program in the fall semester of 2023, as well as a case workshop and presentation day

### *PAL Program*

- Attend a weekly class at Rudder High School in Bryan, Texas, and teach professional development, leadership, and public speaking lessons to 12, 11<sup>th</sup> and 12<sup>th</sup> grade students
- Develop weekly lesson plans intended to teach PAL students about targeted topics for development
- Converse with students about life, school, and their future, all while having fun and developing relationships

- Plan and execute a campus visit for the students in the PAL program to hear from the Fellows director and to tour Texas A&M University

*Member*

- Participate in an undergraduate professional development program that builds upon core competencies critical to exceptional leadership in the global society
- Engage with industry partners and guest speakers and enhance understanding of teams and teamwork through case studies and projects

**Seymour Pre-Health Fellows**, Seymour High School, Seymour, Texas

July 2022 – Present

*Founder*

- Noticed a shortage of healthcare professionals in rural, medically underserved areas, such as hometown of Seymour, TX, and created the organization to attempt to create medical field interest in youth who will likely return to live and work in a rural area
- Founded organization to help educate rural high school students on healthcare careers with the aid of local professionals and college students
- Focused on strategically building the organization for longevity and success in order to provide aid to students for long after frequent personal engagement with the organization has ended by being willing to pivot initial plans and switch to a non-synchronous teaching approach

*Director*

- Assist students in developing leadership skills and present academia and professional development growth opportunities
- Coordinate/plan speaker series and head communication with healthcare professionals
- Record podcast-like episodes talking to healthcare professionals about their careers, journey to their chosen fields, and general tips for students interested in pursuing education after high school
- Distribute edited episodes to the school for continuity and convenience of interested students

**Global Medical Brigades**, Texas A&M University

January 2022 – Present

*Secretary*, January 2023 – Present

- Coordinate internal and external communication for the organization, and make sure all members are supplied with accurate and up-to-date information regarding organization business
- Serve as a leader to other participants while on brigade to ensure appropriate behavior of students while being immersed in a culture different from one's own
- Help to delegate tasks and stations to students, as well as oversee and manage students on clinic days and while performing brigade specific activities

*Member*

- Volunteer to deliver public health workshops and provide access to healthcare for underserved communities throughout the world
- Served multiple communities in Panama and Honduras totaling 60 hours of clinic time (total of 863 medical consultations, among other types of screenings/appointments)
- Conducted health, dental, and eye screenings, and filled prescriptions during clinic days
- Learn about issues that others are facing globally and the danger of underscoring preventative care
- Fundraise money, collect medical and hygiene products, and aid health care workers with electronic patient records

**Mays Business Honors Program**, Texas A&M University

August 2020 – Present

*Interview Committee*, February 2024

- Selected to assist in reviewing applications and conducting interviews for spring admissions into the Business Honors Program at Mays Business school
- Tasked with helping to choose a portion of the next generation of Mays Business Honors students that will go on to continue best serving the program, Mays Business School, and Texas A&M University

*Peer Leader and Coordinator*, August 2021 – December 2022

- Collaborated with a partner to develop and teach weekly lessons in business related skills
- Mentored and guided a small group of honors students during their first semester of college
- Given the opportunity to give back to the program and position that gave so much to me and able to help develop a group of students while helping shape them into servant-hearted leaders

*Member*

- Participate in challenging academic courses with an emphasis on discussion, presentations, and case studies
- Engage in professional development events with distinguished speakers

**Seymour Community Tennis Association**, Seymour, TX

May 2023 – June 2023

*Youth Tennis Camp Volunteer*

- Helped coach a rural community's annual youth tennis camp where approximately 95 children of all ages were able to gain their first introduction to the game, or to improve on their existing skill set
- Co-created curriculum for multiple stations of learning and ensured that volunteer instructors were able to effectively communicate with campers
- Taught all 95 campers over the span of a week, making sure they were having fun, growing, and staying safe during hot summer days

*Volunteer Pickleball Instructor*

- Introduced pickleball to a rural community by co-teaching classes to players of all ages
- Communicated skills and rules to beginners and set up courts weekly for a group of 60 players
- Promoted healthy lifestyles and social interaction

**Strategic Philanthropy, Texas A&M University**

January 2023 – May 2023

*Class/"Board" Member*

- Learned about the importance of nonprofits and philanthropic activity in society, as well as the different types of legal entities and the governmental regulations behind these organizations
- Acted as a board member in a class responsible for distributing over \$31,000 to local nonprofits in the BCS area
- Read over 10 grant proposals and discussed/debated which organizations to provide funding

**The Big Event, Texas A&M University**

March 2021, March 2023

*Volunteer Team Lead, March 2021*

- Led a team of four volunteers to clean up an elderly community member's yard and the outside of her home
- Coordinated a team's volunteers, making sure they arrived on time and were prepared for the tasks to be completed that day
- Acted as the communicator between the resident and the team

*Volunteer, March 2023*

- Volunteered helping an elderly member of the community with weeding her yard, trimming shrubs, uprooting small trees, and replanting new trees in their place

**Organic Chemistry Learning Assistant, Texas A&M University**

August 2022 – December 2022

*Learning Assistant*

- Attended weekly trainings with Organic Chemistry professor to review material to be covered in that week's lecture
- Monitored a group of 12 students during their completion of a worksheet and provided guidance when needed once a week

**Pre-Med Society, Texas A&M University**

September 2020 – May 2022

*Treasurer, May 2021 – May 2022*

- Managed financial affairs of the society and provided organized accounting records to members
- Helped serve an organization devoted to encouraging interest in the medical field and aiding them in reaching their goals

*Member*

- Participated in an organization that provided members with medical field career information and served the community through various service projects
- Created cards for Alzheimer's patients and participated in Stand Up to Alzheimer's, a walk that raises awareness for the disease

**Conference on Student Government Association, Texas A&M University**

October 2020 – May 2022

*Programs Executive, May 2021 – May 2022*

- Helped to organize a student government conference that brings together student leaders from across the globe
- Researched and secured speakers on various topics and created a schedule of events for the conference
- Connected student leaders with each other, allowing them to serve one another in helping to solve issues faced on campuses across the country in roundtable discussions, as well as learn from highly accomplished and knowledgeable speakers

**Fish Aides, Texas A&M University Student Government Association**

October 2020 – May 2021

*Member*

- Participated in leadership, service, and social events that helped to empower TAMU and the surrounding community
- Performed yard work, gardening, and outdoor cleanup tasks at a skilled nursing facility/nursing home in Bryan-College Station and was able to utilize my physical abilities in order to lend a hand beautifying a place in our community

**Student Disability Resources Peer Notetaker Volunteer, Texas A&M University**

August 2020 – December 2020

*Peer Notetaker Volunteer*

- Attended class, took notes over lectures, and uploaded the notes for students receiving accommodations through Disability Resources totaling 37 hours

## COMMUNITY FOCUSED RESEARCH

**Independent Research under Dr. Leonard Berry**, Texas A&M University

August 2023 – Present

*Research Assistant/Independent Researcher*

- Assist Dr. Leonard Berry, Mays Business School professor, with directed studies within the marketing department
- Conduct research on topics of interest within the service quality of healthcare field to assist in the writing and publishing of articles
- Composing an article that examines public libraries as places to deliver medical care and preventive health care
- Interview stakeholders of public libraries being used as healthcare delivery points for use in the article

**Aggie Research Program**, Texas A&M University

January 2022 – May 2022

*Research Assistant*

- Served as a student assistant to a researcher conducting a study under Texas A&M AgriLife titled, “Fruit and vegetables intake behaviors among infants from low-income neighborhoods in Dallas, TX” aimed at determining the effectiveness of a fruit and vegetable prescription program and fruit and vegetable education on the health of low-income caregivers and toddlers
- Researched articles and programs similar to the intended end-product of the study
- Involved in writing an abstract, designing educational brochures, and creating consent forms

## HONORS

**Phi Kappa Phi Member**

March 2022 - Present

**2023 Phi Kappa Phi Gathright Outstanding Junior in Mays Business School**

March 2023

**2022 Phi Kappa Phi Sophomore Gathright Scholar in Mays Business School**

October 2022

**2021 Phi Kappa Phi Freshman Gathright Scholar in Mays Business School**

October 2021

**Texas A&M University 2020-2021 Student Government Association First Year Involvement Award**

April 2021

## ADDITIONAL EXPERIENCE & INVOLVEMENT

**Memorial Hermann - Texas Medical Center**, Houston, Texas

June 2023 – July 2023

*Administrative Intern*

- Performed research and created deliverables for projects on quality improvement, leadership development, and child safety
- Categorized patient survey responses and developed recommendations aimed at improving patient experience

**Texas A&M Tennis Camp**, College Station, Texas

June 2022

*Youth Tennis Instructor / Camp Counselor*

- Served as a tennis instructor and was responsible for the safety, growth, and development of 8 youth players
- Responsible for the oversight, safety, and enjoyment of a large group of overnight campers

**Tennis Club**, Texas A&M University

September 2020 – May 2023

*Member*

- Competed in tennis tournaments and promoted physical activity through the USTA Tennis on Campus program